


TALZENNA® +
talazoparib 0.5 mg capsules


Xtandi®
(enzalutamide)
40 mg tablets | 80 mg tablets

YOUR GUIDE TO MANAGING TREATMENT

Working with your
doctor to stay on track

USE

TALZENNA is a prescription medicine used in combination with a medicine called enzalutamide, to treat adults with prostate cancer

- with certain abnormal inherited or acquired genes called homologous recombination repair (HRR genes) **and**
- which no longer responds to a hormone therapy or surgical treatment to lower testosterone and has spread to other parts of the body (metastatic).

Your healthcare provider will perform a test to make sure that TALZENNA is right for you.

It is not known if TALZENNA is safe and effective in children.



IMPORTANT SAFETY INFORMATION

TALZENNA may cause serious side effects, including:

Bone marrow problems called Myelodysplastic Syndrome (MDS) or Acute Myeloid Leukemia (AML).

Some people who have cancer and who have received previous treatment with chemotherapy or certain other medicines for their cancer have developed MDS or AML during or after treatment with TALZENNA.

MDS or AML may lead to death. If you develop MDS or AML, your healthcare provider will stop treatment with TALZENNA.

Please see additional Important Safety Information throughout. Click for the full TALZENNA [Patient Information](#) or visit [TALZENNAXTANDI.com](https://www.talzennaxtandi.com). Please talk to your doctor or see XTANDI Patient Information for Important Safety Information about XTANDI.



WHAT TO EXPECT WHEN STARTING TREATMENT

Every treatment journey can have its challenges, and side effects can be one of them. Knowledge is key.

This guide is here to empower you—to help you understand potential side effects and show you how to ask focused questions. All to help you best partner with your doctor.



UNDERSTANDING POTENTIAL SIDE EFFECTS

While taking TALZENNA + XTANDI, you may experience certain side effects. However, some may be managed with the help of your doctor.

Knowing what to look out for can help you and your care team make informed decisions about your treatment. Don't forget that you don't have to do this alone.

IMPORTANT SAFETY INFORMATION

TALZENNA may cause serious side effects, including:

Bone marrow problems called Myelodysplastic Syndrome (MDS) or Acute Myeloid Leukemia (AML).
(Continued)

Symptoms of low blood cell counts are common during treatment with TALZENNA, but can be a sign of serious problems, including MDS or AML. Tell your healthcare provider if you have any of the following symptoms during treatment with TALZENNA:

- weakness
- frequent infections
- feeling very tired
- weight loss
- blood in urine or stool
- bruising or bleeding more easily
- fever
- shortness of breath

Your healthcare provider will do blood tests to check your blood cell counts:

- every month during treatment with TALZENNA
- weekly if you have low blood cell counts that last a long time. Your healthcare provider may stop treatment with TALZENNA until your blood cell counts improve.

SIDE EFFECTS IN A CLINICAL STUDY

TALZENNA + XTANDI was studied in adults with **HRR gene-mutated mCRPC**. The main goal of the study was to look at progression-free survival. Progression was defined as the cancer getting worse, as measured by scans, or if the patient died for any reason.

All men either had surgery to lower testosterone or continued to take hormone therapy in the study.

Metastatic castration-resistant prostate cancer (mCRPC) is a type of prostate cancer that has spread to other parts of the body and does NOT respond to a hormone therapy or surgical treatment to lower testosterone (castration-resistant).

Homologous recombination repair (HRR) is a process in which a group of genes work together to repair damage to your DNA. **HRR gene-mutated mCRPC** is prostate cancer with certain abnormal inherited or acquired genes called homologous recombination repair (HRR genes) that has spread to other parts of the body (metastatic) and no longer responds to hormone therapy or surgical treatment to lower testosterone (castration-resistant).

MONITORING BLOOD CELL COUNTS

Some side effects like low red/white blood cell counts, low sodium/calcium in the blood, and low platelet counts can only be seen through blood tests, which your doctor will do:

- every month during treatment with TALZENNA
- weekly if you have low blood cell counts that last a long time. Your doctor may stop treatment with TALZENNA until your blood cell counts improve.

COMMON SIDE EFFECTS

The most common side effects of TALZENNA when taken in combination with XTANDI include:

- low red blood cell counts
- low white blood cell counts
- tiredness or weakness
- low platelet counts
- low calcium in the blood
- nausea
- decreased appetite
- low sodium in the blood
- low phosphate in the blood
- bone injuries
- low magnesium in the blood
- dizziness
- increased bilirubin in the blood
- low potassium in the blood
- changes in your sense of taste



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TIPS THAT MAY HELP WITH CERTAIN SIDE EFFECTS

Here are some lifestyle changes that may help manage certain side effects. These tips come from organizations that focus on supporting patients and have not been studied with TALZENNA. Check with your doctor to see which may be right for you.

LOW RED BLOOD CELL COUNTS

Treatment may cause a decrease in the number of red blood cells, known as anemia. Anemia may make you feel very tired, short of breath, and/or lightheaded.



Tip: Ask your doctor if any dietary changes or supplements could be helpful.

LOW WHITE BLOOD CELL COUNTS

During treatment, you may experience a decrease in white blood cell numbers, which could put you at an increased risk of infection.



Tip: Remember to wash your hands often and minimize your exposure to people who may be sick.

TIREDNESS OR WEAKNESS

While on treatment, you may experience fatigue. Anemia could also contribute to the feeling of tiredness or weakness.



Tip: Talk with your doctor about the amount of rest and kinds of activities that are right for you.

LOW PLATELET COUNTS

Platelets are cells that help your blood to clot and stop bleeding. Treatment may cause the number of blood-platelet cells to decrease, which could increase your risk of bruising and bleeding.



Tip: Discuss all over-the-counter medicines you're taking with your doctor, especially those that may increase your risk of bleeding.

LOW CALCIUM IN THE BLOOD

Treatment may cause low levels of calcium in the blood. This may lead to muscle cramps, especially in your back and legs.



Tip: Talk to your doctor about how you might be able to help maintain your calcium levels.

NAUSEA

During treatment, you may experience nausea or an upset stomach.



Tip: It may be helpful to eat several small meals throughout the day instead of 3 large ones. It may help to slowly sip liquids throughout the day.

DECREASED APPETITE

Treatment may lower your appetite, which could lead to not eating enough nutrients. Nausea may also contribute to loss of appetite.



Tip: Speak with your care team about foods that might be most nourishing for you.

LOW SODIUM IN THE BLOOD

Treatment may cause sodium levels in the blood to be lower than normal. This may cause nausea and vomiting, low energy, and/or headaches.



Tip: There may be dietary suggestions your care team can share that could help increase your sodium levels.

These are not all of the possible side effects of TALZENNA. Call your doctor for medical advice about side effects.

You are encouraged to report side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](#) or call 1-800-FDA-1088.



WHY YOU SHOULD TRACK SIDE EFFECTS

Make sure to work with your doctor and care team to monitor side effects you notice and those you might not. This information could help your doctor modify your TALZENNA dose or adjust your overall treatment.



WHAT YOU CAN TRACK

Tell your care team about any side effects you're experiencing, such as tiredness/weakness, nausea, or decreased appetite.



WHAT YOUR DOCTOR WILL TRACK

Some side effects like low red/white blood cell counts, low sodium/calcium in the blood, and low platelet counts can only be seen through blood tests, which your doctor will do:

- about every month during treatment with TALZENNA
- every week if you have low blood cell counts that last a long time. Your doctor may stop treatment with TALZENNA until your blood cell counts improve.

QUESTIONS FOR YOUR DOCTOR

Here are some questions you can ask your doctor to learn more about possible side effects.

- What are the most common side effects of TALZENNA + XTANDI?
- How likely am I to experience these side effects?
- What specific symptoms should I look out for?
- At what point should I contact you or my care team about symptoms?
- Are there any medications or supplements that may help manage these side effects?
- How might side effects affect my daily life?
- Will I be able to take part in my usual activities?
- What resources are available to help me cope with side effects?

Learn more about discussing treatment with your doctor.



Scan this QR code or visit
[TALZENNAXTANDI.com/
doctor-discussion-guide](https://TALZENNAXTANDI.com/doctor-discussion-guide)

MyTHERAPY[®] APP



MyTHERAPY[®] APP

Now customized with TALZENNA content to support you on your treatment journey. It's available on the App Store and Google Play and includes:



MEDICATION REMINDERS

Manage your medications in one place and stay on top of your TALZENNA therapy with **personalized reminders**.



EDUCATION

Get informed about your treatment with **articles and content**. Plus, information about side effects.



SUPPORT

Find additional support **services and tools** relevant to you and your care.



PROGRESS TRACKER

Discover ways to **stay on track**—set reminders, log habits, and record progress. You can also download your health report to discuss with your doctor at your next appointment.



Scan the QR code to download now



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Bone marrow problems called Myelodysplastic Syndrome (MDS) or Acute Myeloid Leukemia (AML).

Some people who have cancer and who have received previous treatment with chemotherapy or certain other medicines for their cancer have developed MDS or AML during or after treatment with TALZENNA. MDS or AML may lead to death. If you develop MDS or AML, your healthcare provider will stop treatment with TALZENNA.

Symptoms of low blood cell counts are common during treatment with TALZENNA, but can be a sign of serious problems, including MDS or AML. Tell your healthcare provider if you have any of the following symptoms during treatment with TALZENNA:

- weakness
- weight loss
- fever
- frequent infections
- blood in urine or stool
- shortness of breath
- feeling very tired
- bruising or bleeding more easily

Your healthcare provider will do blood tests to check your blood cell counts:

- every month during treatment with TALZENNA
- weekly if you have low blood cell counts that last a long time. Your healthcare provider may stop treatment with TALZENNA until your blood cell counts improve.

Before taking TALZENNA, tell your healthcare provider about all of your medical conditions, including if you:

- have kidney problems
- are pregnant or plan to become pregnant. TALZENNA can harm your unborn baby, and may cause loss of pregnancy (miscarriage). You should not become pregnant during treatment with TALZENNA. Tell your healthcare provider right away if you are pregnant or become pregnant during treatment with TALZENNA.
 - Males with female partners who are pregnant or are able to become pregnant should use effective birth control during treatment with TALZENNA and for at least 4 months after receiving the last dose of TALZENNA.
- are breastfeeding or plan to breastfeed. It is not known if TALZENNA passes into your breast milk.

Tell your healthcare provider about all the medicines you take, including prescription medicines, over-the-counter medicines, vitamins, and herbal supplements. Taking TALZENNA and certain other medicines can affect how TALZENNA works and may cause side effects.

Know the medicines you take. Keep a list of your medicines and show it to your healthcare provider and pharmacist when you get a new medicine.

How to take TALZENNA

- Take TALZENNA exactly as your healthcare provider tells you.
- Do not change your dose or stop taking TALZENNA without first talking with your healthcare provider.
- You should start or continue a gonadotropin-releasing hormone (GnRH) analog therapy during your treatment with TALZENNA and enzalutamide unless you have had a surgery to lower the amount of testosterone in your body (surgical castration).
- If you miss a dose of TALZENNA or vomit, take your next dose at your regular time. Do not take an extra dose to make up for a missed dose.
- If you take too much TALZENNA, call your healthcare provider or go to the nearest hospital emergency room right away.

The most common side effects of TALZENNA when taken in combination with enzalutamide include:

- low red blood cell counts
- low white blood cell counts
- tiredness or weakness
- low platelet counts
- low calcium in the blood
- nausea
- decreased appetite
- low sodium in the blood
- low phosphate in the blood
- bone injuries
- low magnesium in the blood
- dizziness
- increased bilirubin in the blood
- low potassium in the blood
- changes in your sense of taste

TALZENNA may cause fertility problems in males. This may affect your ability to father a child. Talk to your healthcare provider if this is a concern for you.

These are not all of the possible side effects of TALZENNA. Call your doctor for medical advice about side effects.

You are encouraged to report side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.


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GET TO KNOW MORE ABOUT
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